

# CONDITIONING

Is it possible to be free of our conditioning and live with intelligence?

Does understanding everyone is also conditioned lead to compassion?

Does conditioning alter our view of reality?

Are we aware that we are conditioned?

A process by which our brain is influenced by our past experiences, which are stored in our memory. We respond to the world based on this memory. We are not aware of this process at work in the background.

WHAT IS CONDITIONING?

EFFECTS OF CONDITIONING

- How we think and act
- Our beliefs
- Our opinions
- Our choice of careers
- Our relationships
- Our diet
- Our careers
- Our values
- Our view of the world

WHAT ARE WE INFLUENCED BY?

- Society
- Our education
- Our experiences
- By the media
- Advertising
- Our parents
- By our search for security
- By our search for pleasure and stimulation
- By our fears
- By our loneliness
- By our need to be recognised
- By our need to be loved
- By our hurts and sorrows

HUMAN ENQUIRY PROJECT. VISIT HUMANENQUIRY.COM